

City of Ukiah

Recreation & Activities Guide

SUMMER 2024



Register online
ukiah.recdesk.com

Parks
Make
Life
Better!

City of Ukiah

COMMUNITY SERVICES DEPARTMENT

Ukiah City Council

Josefina Dueñas	Mayor
Douglas Crane	Vice Mayor
Mari Rodin	Council Member
Juan Orozco	Council Member
Susan Sher	Council Member

Administration

Sage Sangiacomo	City Manager
Neil Davis	Community Services Director

Recreation Department

Jake Burgess	Community Services Supervisor
Daniel Spence	Recreation Supervisor
Marianne Aranda	Senior Recreation Coordinator
Kyle Nuss	Senior Sports Coordinator
Cassandra Borgna	Senior Recreation Coordinator
Araceli Sandoval	Community Services Administrative Assistant

Ukiah Valley Conference Center

Mike Maldonado	Assistant Facility Administrator
Reba Smith	Event Coordinator

Grace Hudson Museum

David Burton	Museum/Cultural Arts Director
Alyssa Boge	Curator of Education & Exhibits

Parks Maintenance

Robert Gibson	Jim Thomsen	Raul Ramos
Bobby Barnett	Joe Fowler	Robert Ricetti
Juan Diaz		

Important Phone Numbers

Alex Rorabaugh Recreation Center	463-6275
Community Services Department	463-6231
Grace Hudson Museum	467-2836
Softball Hotline	463-6713
Ukiah Chamber of Commerce	462-4705
Ukiah Valley Conference Center	463-6700
Ukiah Valley Golf Course	467-2832
Visit Ukiah	467-5766

Phone Numbers for Sports Program Partners

Mendocino County Soccer Academy	972-7312
Rusty Bowl BMX	462-0249
Ukiah Babe Ruth League ...	www.ukiahbaberuth.com
Ukiah Lion's Youth Football	485-7600
Ukiah Valley Soccer League	467-9797
Ukiah Youth Baseball League	468-8800

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Summer Safari Day Camp

Register online at ukiah.recdesk.com

KIDS AGES 5-13

Arts & Crafts, Games, Swimming, Sports, Skits & More!



- Session I**
June 10 - June 21
- Session II**
June 24 - July 5*
- Session III**
July 8 - July 19
- Session IV**
July 22 - August 2
- Session V**
August 5 - August 16

CAMP HOURS:

- 7:30 am - 5:30 pm
- FULL DAY: 7:30 am - 5:30 pm**
- HALF-DAY AM: 7:30 am - 1:00 pm**
- HALF-DAY PM: 12:30 pm - 5:30 pm**

- 1 Week Half-day - \$185
- 1 Week Full Day - \$325
- 2 Weeks Half-day - \$350
- 2 Weeks Full Day - \$600
- 1 Day Drop-in - \$70
- Half-day Drop-in - \$40

*4 day week for 4th of July



For more information, visit www.cityofukiah.com/summersafaridaycamp or call (707) 463-6231



Dog Training - Core Commands I

Core Commands 1 is a foundation obedience group class. The focus of the four sessions is positively communicating cues/commands, proper leash walking and reliable recall. This class is for puppies eight months and older and adult dogs.

For more information, contact Nancy Skelly at **(707) 513-5738** or **skellydogs@gmail.com**.

REGISTER ONLINE AT UKIAH.RECDESK.COM

- Instructor:** Nancy Skelly
- Thursdays:** 5:30 pm - 6:30 pm
July 18 - August 8
- Fee:** \$130
- Age:** 12 years and old & up if accompanied by an adult
- Minimum:** 5 students
- Maximum:** 8 students
- Location:** 275 Cherry St. Suite F, Ukiah



Alex Rorabaugh Recreation Center

1640 S. State St. Ukiah, CA 95482

Facility Rentals Available



Community Room



Kitchen

Perfect for:
Meetings
Fundraisers
Sporting Events
Classes
Social Functions
Community Events



Gymnasium

For more information, please call (707) 463-6201



CITY OF UKIAH **UKIAH CHAMBER OF COMMERCE** **UKIAH MAIN STREET PROGRAM**

SUMMER KICK-OFF

FRIDAY, JUNE 14TH
5-8 PM
 ALEX THOMAS PLAZA

MUSIC BY:
DJ SESHWANN & BPS

* FOOD VENDORS * BEER & WINE * VENDORS * LAWN GAMES *
 * MINI ROLLERSKATE RINK * JUMP HOUSES * ARTS & CRAFTS *

PEAR TREE CENTER **TAPESTRY FAMILY SERVICES**

FOR MORE INFORMATION, CALL (707) 463-6231



SUMMER FRIDAYS

FREE FAMILY-FRIENDLY EVENTS PRESENTED BY THE CITY OF UKIAH RECREATION DEPARTMENT

JUNE 14 - 5 - 8 PM

SUMMER KICK-OFF @ ALEX THOMAS PLAZA

JUNE 28 - DOORS OPEN AT 7

LILO & STITCH @ UKIAH MUNICIPAL POOLS

JULY 19 - DOORS OPEN AT 7

INDIANA JONES & THE RAIDERS OF THE LOST ARK @ UKIAH MUNICIPAL POOLS

JULY 26 - 5 - 8 PM

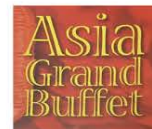
TOUCH-A-TRUCK @ PEAR TREE CENTER

AUGUST 9 - 5 - 8 PM

ART IN THE PARK @ OBSERVATORY PARK

AUGUST 16 - DOORS OPEN AT 7

ELEMENTAL @ UKIAH MUNICIPAL POOLS



FOR MORE INFORMATION, VISIT WWW.CITYOFUKIAH.COM/SUMMERFRIDAYS

GRACE HUDSON MUSEUM & Sun House

431 S. Main Street, Ukiah • (707) 467-2836

www.gracehudsonmuseum.org



Mendocino County's premier cultural destination for exhibitions and programs focusing on regional fine art and history, the artwork and legacy of artist Grace Carpenter Hudson, and remarkable examples of Pomo Indian basketry. Visitors can also tour the Sun House, the historic 1911 redwood Craftsman bungalow that was the residence and studio of Grace Hudson, and the Wild Gardens, an outdoor environment focusing on native plants, local eco-systems, and Pomo cultural traditions.

**DEEP ROOTS
SPREADING BRANCHES**

FINE WOODWORKING
OF THE KRENOV SCHOOL

MARCH 30 - AUGUST 18, 2024
GRACE HUDSON MUSEUM
www.gracehudsonmuseum.org

Pear-wood Cabinet on a Stand by James Krenov
Image courtesy of the Krenov Foundation.



MUSEUM HOURS:

Wednesday - Saturday : 10:00 am to 4:30pm

Sunday: 12:00 to 4:30pm

Admission: Please check our website for fees.
Always free for Members, Native Americans, and standing Military.
Free to all on First Fridays.

Visit Our Gift Shop: Same hours as museum.
Culturally-distinctive crafts, books, and art.



Open Art Studio

Open Studio art sessions meet at the Grace Hudson Museum Meeting Room on Mondays: 10 am to 2 pm. Bring your own supplies. The studio is on a "drop-in" basis – come for as long as you wish and get inspiration from painting with fellow artists. Tables and chairs are available.

Mondays: 10:00 am – 2:00 pm

Dates: ongoing, every Monday

Member Fee: \$4 per session

Non-Member Fee: \$5 per session

Ages: 16 years old and up

Location: Grace Hudson Museum Meeting Room



VISIT
MENDOCINO COUNTY
MUSEUM
Telling Our Story



Join us for History Makers!
Drop-in family friendly activities every
Wednesday 11 a.m. - 3 p.m.
Learn more about our
exhibits & programs!



SUPPORT PROVIDED BY



www.mendocinocountymuseumfriends.org

DISCOVER OUR HISTORY
400 E. Commercial St.
Willits, CA 95490
www.mendocinocounty.gov/museum
(707) 234-6365

Power Pilates

Now is the time to start Power Pilates. In a large air-conditioned room, join this class to make your body and soul feel good. Make friends, see your old friends and feel free again.

Power Pilates is a format which is a blend of cardio, strength training, Pilates and stretching to maximize results. This class incorporates body sculpting, strength and resistance training with weights, bands and Pilates balls. Each class starts with low impact cardio and weight training followed by traditional mat work and stretching.

No two classes are the same and is taught for all fitness levels. Modifications are always available. In just two classes per week, you will see and feel an improvement.

Benefits include:

- Core strength
- Stronger abdominals
- Defined arms, chest and back
- Longer, leaner muscles
- Firm legs and hips
- Fat burned
- Relief from stress and back pain
- Improved posture
- Gain flexibility and balance
- Look better and feel stronger
- Revitalize

Don't you deserve some time just for you? Forget about whatever is causing you stress and come de-stress with a fun workout, laughs and good health. Equipment will be provided, please bring a mat or towel. Contact Gina at 391-4330 or learn more at www.ginagreco.net

REGISTER ONLINE AT UKIAH.RECDESK.COM

Instructor: Gina Greco
5:30 pm – 6:30 pm

Fees: \$45 per month

Ages: 13 years and older

Location: Ukiah Valley Conference Center
(Please enter through back door)

Feldenkrais

The Feldenkrais Method was developed by Moshe Feldenkrais, a physicist, engineer, martial artist and educator. His method teaches you to become aware of habitual patterns and allows you to find options for new, more efficient and graceful movement. Many aches and pains disappear as we use ourselves in new effortless ways.

In Awareness Through Movement (ATM) lessons, the Feldenkrais teacher verbally guides you through a sequence of movements, usually lying on a pad, but sometimes sitting or standing. The instructions are to move slowly and gently so that self-awareness can begin to expand.

Benefits include:

Improvement in flexibility, suppleness and balance.

Reduction of pain aches and fatigue.

Increased coordination and muscular efficiency.

Stress reduction

Mats will be provided. Please wear loose, comfortable clothing that allows you to move.

For more information, call Karen Poplawski at (707) 462-6570 or visit our website at www.feldenkraisinukiah.com.

REGISTER ONLINE AT UKIAH.RECDESK.COM

Instructor: Karen Poplawski

Dates: ongoing, every Tuesday
9:00 am - 10:00 am

Ages: 18 years old and up

Drop-in Fee: \$10

Location: Grace Hudson Museum
Public Room

AN ALL HUMAN, PRIVATE DETECTIVE CIRCUS UNDER THE BIG TOP TENT

FLYNN CREEK CIRCUS

PRESENTS

The HEAVY Lift



JULY 11-14
GIORNO FIELD
INFO AT FLYNNCREEKCIRCUS.COM

with circus camp for ages 7-15 July 10-12
camp registration at ukiahrecdesk.com

SPONSORED BY THE CITY OF UKIAH

Circus Camp

This workshop will introduce multiple circus disciplines and work to the level of each individual student. Students will experience the thrills of tumbling, aerial arts and balancing arts all in a safe and encouraging environment. General conditioning and stretching techniques will be emphasized to promote healthy exercise habits. Students will create an end of workshop recital.

REGISTER ONLINE AT UKIAH.RECDESK.COM

Instructor: Flynn Creek Circus

Dates: July 10 - July 12

8:00 am - 1:00 pm

Ages: 7 - 15 years old

Cost: \$300

Location: Giorno Field



CITY OF UKIAH COMMUNITY YARD SALE

TODD GROVE PARK
EVERY 3RD SATURDAY
APRIL - SEPTEMBER
8 AM - 2 PM

JUNE 15
JULY 20
AUGUST 17
SEPTEMBER 21



FOR MORE INFORMATION &
VENDOR INFORMATION:
[WWW.CITYOFUKIAH.COM/
COMMUNITYYARDSALE](http://WWW.CITYOFUKIAH.COM/COMMUNITYYARDSALE)
OR CALL (707) 463-6231



Live Scan

Monday - Thursday
9:00 am - 12:00 pm
& 1:00 pm - 4:00 pm

Appointment recommended.
Walk-ins based on availability.

Not available on
weekends and holidays.

To schedule an appointment,
please call 463-6231



Passport Services

City of Ukiah
Recreation Office
411 W. Clay St., Ukiah

Services available:
Monday through Friday
9 am - 4 pm

Appointments Only



For more information or to book an appointment
 Online: www.cityofukiah.com/passport
 Phone: (707) 463-6231



CHESS

Open to players of all experience levels. Feel free to drop in.

For more information, e-mail ukiahchessclub@gmail.com.

REGISTER ONLINE AT UKIAH.RECDESK.COM

Instructor: Ukiah Chess Club

Wednesdays: June 5 - August 28
6-9 pm

Fee \$25

Age: 18 years old and up

Location: Alex Rorabaugh
Recreation Center
Room H7

All American 4th of July PICNIC in the Park



Thursday, July 4th
10 am - 2 pm
Todd Grove Park

FREE FOOD
ART ZONE
ORGANIZED GAMES
CONTESTS AND RACES
FREE SWIM AT THE POOL
MUSIC

CALIFORNIA CHILD CARE TRAINING

These classes meet the California child care workers' requirements for Health & Safety training.

Remember, the Pediatric First Aid IS NOT the same as Standard First Aid.

EMSA approved sticker included.

REGISTER ONLINE AT UKIAH.RECDESK.COM

Instructor: Allen James

Age: 18 years old and up

Location: Alex Rorabaugh
Recreation Center
Room H11

CALIFORNIA CHILD CARE CPR & PEDIATRIC FIRST AID

Saturday: July 13 or
August 17
9:00 am - 5:30 pm

Fee: \$120



Shop Local.
PEAR TREE CENTER
CIRE



TOUCH-A-TRUCK FRIDAY, JULY 26 5-8 PM



TOUCH-A-TRUCK IS A HANDS-ON FAMILY EVENT THAT ALLOWS CHILDREN TO EXPLORE UNIQUE AND EXCLUSIVE VEHICLES OF ALL TYPES UP CLOSE AND IN ONE PLACE!



PEAR TREE CENTER ON PERKINS
BY LUCKYS

CFAST

Layperson CPR Training 2020 Standards

To best serve the Ukiah community, these classes will be offered at the same time on the same day depending on individual needs. This will require cooperation from other students to serve all students in a timely and efficient manner. Each class begins with **Before Giving Care** (2 hours) then will be followed by the training segment of highest demand and so on. A timeline will be set up so the students can best plan their training time.

These classes instruct how to respond to emergencies by providing CPR, using an Automated External Defibrillator (AED) and how to deal with First Aid incidents such as shock, bleeding, cuts, bone and muscle injuries, bruises, and other emergencies.

- Challenge & Review opportunities are available
- 2-year certificate for CPR & First Aid

REGISTER ONLINE AT UKIAH.RECDESK.COM

Adult CPR/AED	3hrs	\$105
First Aid Basics	3hrs	\$105
Adult CPR/AED/First Aid	5hrs	\$120
Child/Infant/CPR/AED	3.5hrs	\$105
Child/Infant/CPR/AED/First Aid	6hrs	\$120
Adult/Child/Infant/CPR/AED	4hrs	\$120
Adult/Child/Infant/CPR/AED/First Aid	8 hrs	\$130

Instructor: Allen James

Saturday: June 8 9:00 am - 4:30 pm
August 3 9:00 am - 4:30 pm

Ages: 18 years old and up

Location: Alex Rorabaugh Recreation Center
Room H11

— UKIAH VALLEY ATHLETIC CLUB, MENDOCINO WELLNESS, & THE CITY OF UKIAH PRESENT —

June 9

DIGGIN DIRT
with SOULEVITY

West Coast Funk & Soul

June 30

CHRIS CAIN

Blues Guitar Master

July 14

**THE REAL SARAHS
& ALEX DE GRASSI**
with JULIAN JULIAN

Local Talent Spotlight

July 28

MYKAL ROSE
with DUBCRAFT

Jamaican Reggae Legend

August 11

BLITZEN TRAPPER
Alternative Country &
Indie Jam

August 18

MUSTACHE HARBOR
Yacht Rock Forever



2024

SUNDAYS ⁱⁿ the PARK

FREE CONCERT SERIES • SUNDAY EVENINGS • 6 PM TODD GROVE PARK

PATRONS

- AC&R Service Heating & Cooling
- Community First Credit Union
- Local Roots
- Mendocino County Fire Safe Council
- Pardini Appliance
- Park Falls Dental/ WOW Smiles
- Pear Tree Center
- Roto Rooter
- Super 8 Ukiah/ Wingstop/ Motel 6/Holiday Inn Express
- Vibe by California

CO-PRESENTERS

- All In Heating and Cooling LLC
- BAS Roofing
- Family Tree Service
- George & Ruth Bradford Fdn.
- Hydro Pacific Inc.
- LACO Associates
- MARZ Engineering
- Mendo Mill & Lumber Co.
- Starkey Custom Apparel

MAJOR UNDERWRITERS

- Asia Grand Buffet • Blue Zones Project • Bonterra Organic Estates • Dave's Bike Shop • DFM Auto Repair • Frey Vineyards • Friedman's Home Improvement •

- Granite Construction • MCHC Health Centers • Mendocino Lake Hearing Care • Mendocino Transit Authority • Premier Auto Body Repair • Pure Blendz Barbershop • Savings Bank of Mendocino County • Slam Dunk Pizza • Sword and Board • Ukiah Truck Repair • Ukiah Waste Solutions • Wyatt Irrigation

SUBSTANTIAL FUNDING

- Diamond D Construction • NAMI Mendocino • Phelan Family • T-Up Ukiah • Ukiah Family Dentistry • West Coast Fire & Water



MENDOCINO
Health & Wellness



For more information: call (707) 463-6231 or visit www.cityofukiah.com

SUNDAYS ²⁰²⁴ *in the* PARK

PRESENTED BY.....



MENDOCINO
health & wellness



THANK YOU TO OUR PATRON SPONSORS



June 9th - Diggin Dirt ft. Soulevity West Coast Funk and Soul

From behind the redwood curtain of Humboldt County, California, the seven piece funk-soul band Diggin Dirt has carved out a niche as a live party not to be missed. Shoveling their own path, Diggin Dirt has seen sustained growth over the past few years, with multiple national tours and festival stops at Jam Cruise, High Sierra, Same Same but Different, Live Oak, Cascade Equinox, Joshua Tree Music Festival and many more.

Per a 2024 Jam Cruise writer, "This was the soul music I grew up with in the '60s and '70s, but I confess I wasn't expecting [Diggin Dirt] to be throwing it down this hard. This group is impossibly tight, and Zach Alder might be the best soul shouter I've ever heard, and I've heard a few."

Their infectious sound is fueled by blazing horns, searing guitars and a relentlessly driving rhythm section, and tying it all together is the band's frontman who launches the ensemble into rarefied air with his pipes, charisma and natural-born soul. With flashes of James Brown or Sly and the Family Stone, Otis Redding or Tower of Power, the band's sound is both familiar and yet refreshingly original, layering psychedelic rock, Motown soul, afrobeat and even reggae atop a thick foundation of late-60s inspired funk.



June 30th - Chris Cain Blues Guitar Master

Chris Cain offers up a soulful stew of Memphis style electric blues. His powerfully deep vocals and jazz inspired, blues guitar riffs are unforgettable; uniquely his own, while reminiscent of the legendary BB King and Albert King. As a child, Chris Cain attended concerts with his dad to hear many of the great blues artists of the time. When Cain burst onto the blues scene in 1987 with his award winning debut album, he soon found himself sharing the stage and trading licks with a few of those legends, including Albert King and Albert Collins. Chris Cain has released a dozen albums, each filled with soul-stirring songs pulled from his own blues drenched heart. His brand of blues is unforgettable.



Cain was raised on stories of his father's childhood upbringing on Memphis' Historic Beale Street and attended his first B.B King concert at the tender age of three. Blues music played continuously on the home stereo and family outings were often trips to concerts. Cain recalls, "I remember when I was a kid, my Dad would be mowing the lawn with the stereo blasting Muddy Waters. When I look back, that was pretty cool! There was always music playing at our house, Ray Charles, B.B. King, Freddie King, Albert King, all the greats."

At the age of eight, Cain taught himself to play guitar and began playing professionally before he was eighteen. Chris studied music at San Jose City College, and was soon teaching jazz improvisation on campus. Over the next twenty years, Cain would also master piano, bass guitar, clarinet, alto and tenor saxophone. The combination of his blues upbringing and his jazz studies melded to form the searing guitar style that sets Chris Cain apart and has moved him to the top ranks of the blues music scene.

At the age of eight, Cain taught himself to play guitar and began playing professionally before he was eighteen. Chris studied music at San Jose City College, and was soon teaching jazz improvisation on campus. Over the next twenty years, Cain would also master piano, bass guitar, clarinet, alto and tenor saxophone. The combination of his blues upbringing and his jazz studies melded to form the searing guitar style that sets Chris Cain apart and has moved him to the top ranks of the blues music scene.

July 14th - The Real Sarahs & Alex De Grassi with Julian Julian

Locals Night Spotlight

As rising stars in the west coast Americana scene, The Real Sarahs have distinguished themselves as skillful harmony singers and evocative songwriters. With an organic sound that enchants and uplifts the spirit, they share their special gift of vocal synergy. This ensemble creates magic with voices in harmony, acoustic instruments, and the energetic connection between artists and audience. Embracing many genres of music, you are likely to hear threads of folk, jazz, blues, bluegrass, and country running through their songs. Singing from the stories of their own journeys and life experiences, their original music is honest, captivating and heartfelt.



Introduced by a mutual friend in 2010, Sarah 'Songbird' Larkin and Sarah Ryan have been nearly inseparable, musically, since. Their recorded works are diverse and represent the broad musical influences and potential that this duo embodies. The 2017 release *Afternoon With the Dirty Birds* has the support of full instrumentation and showcases their songs with a big, 'full band' sound. Their 2018 release *Headed For The Hills* sinks back to their roots as acoustic musicians. This album was recorded in one day, on one microphone, and captures the authentic, raw power of their sound.

With gratitude for the gift of music given them, The Real Sarahs offer back their gifts with open hearts and truth of purpose. These women seek to inspire, uplift and entertain their audiences with songs that speak to the heart of the human experience. With the onset of regional and international touring in 2018, you can expect their voices to ripple out, touching more hearts and minds and carrying their message and influence to an ever broadening field of music lovers. With warmth and humor The Real Sarahs offer their REAL selves to the world as the women of song that they were born to be.

Alex de Grassi has been a unique voice in the world of acoustic guitar for the past 42 years; his innovative approach to composing and arranging for solo steel-string guitar has influenced a generation of younger players. From his first solo performances in university coffeeshouses and as a street musician to his engagements at prestigious venues including Carnegie Hall, the Kennedy Center, and the Montreux Jazz Festival, Alex has followed his own vision and helped lay the foundation for contemporary fingerstyle guitar. Inspired by American and British Isles folk and blues artists in his early teens, Alex's musical pursuits soon expanded to encompass classical, jazz, and world music. He has since become known for his evocative compositions and arrangements, and for his sheer virtuosity. Using a broad palette of techniques and timbre in conjunction with his ability to weave together melody, counter-melody, bass, harmony, and rhythm into a highly orchestrated canvas of sound, Alex's performances take the listener well beyond the instrument. The *Wall Street Journal* has called his playing "flawless" and *Billboard* hails his "intricate finger-picking technique with an uncanny gift for melodic invention."

July 28th - MyKal Rose Jamaican Reggae Legend

For over 25 years, MyKal Rose has been recording and performing his brand of militant, hardcore Jamaican music to the delight of reggae fans around the world. As a solo artist, with Black Uhuru, and back as a solo artist, the "Ruff" Rose has achieved great success throughout his career, even as different Jamaican musical styles have phased in and out of popularity.

Perhaps the highest profile recognition came in 1984, when MyKal Rose and the other Black Uhuru members (Duckie Simpson, Puma Jones, Sly Dunbar, and Robbie Shakespeare) won reggae's first Grammy award for the album, *Anthem*. But the story doesn't begin with Black Uhuru. In 1976, MyKal Rose was already a seasoned performer, having honed his skills by performing on Jamaica's hotel circuit.



August 11th - Blitzen Trapper **Alternative County & Indie Jam**

Blitzen Trapper is a Portland, Oregon-based experimental country/folk/rock band associated with Sub Pop Records, Vagrant Records, Lojinx, and Yep Roc. Formed in 2000, the band currently operates as a quartet, with Eric Earley (guitar/harmonica/vocals/keyboard), Brian Adrian Koch (drums/vocals/harmonica), Michael Elson (bass/keyboard), and Nathan Vanderpool (guitar/vocals); at some shows, Michael Blake fills in for Vanderpool. Blitzen Trapper self-released its first three albums. "Wild Mountain Nation" was No. 98 on Rolling Stone's list of the 100 Best Songs of 2007.

Blitzen Trapper released its third album, *Wild Mountain Nation*, in 2007 to much acclaim from critics such as Pitchfork Media, The Nerve, and Spin Magazine. The group signed to Sub Pop Records in the summer of 2007.

After the release of *Furr* in 2008, the group received a two-page feature in *Rolling Stone*. The album was ranked No. 13 on *Rolling Stone's* Best Albums of 2008 while the title track was ranked No. 4 on the magazine's Best Singles of 2008. The albums *Destroyer of the Void* and *American Goldwing* followed, to similarly high acclaim.

On October 1, 2013, the band released *VII*, their first on Vagrant Records in the U.S.; the album also appeared on British indie label Lojinx in Europe on September 30. In mid-December 2014, the band self-published their first live album, *Live In Portland*, followed by the Record Store Day exclusive, a live cover album of Neil Young's *Harvest* record titled *Live Harvest*. Their eighth studio album, *All Across This Land*, was released on October 2, 2015. Their ninth studio release - marking a return to the band's own label LidKerCow - is titled *Wild and Reckless* and was released on November 3, 2017.

At the end of 2019, longtime members Erik Mentee (guitar/keyboard), Michael Van Pelt (bass), and Marty Marquis (guitar/keyboards/vocals/melodica) retired from the band. Remaining founding members Earley and Koch returned to touring in 2022 with a new lineup. During their hiatus from live shows, the band signed to Yep Roc for the release of their tenth album *Holy Smokes Future Jokes* on September 25, 2020.



August 18th - Mustache Harbor **Yacht Rock Forever**

For over a decade MUSTACHE HARBOR has been thrilling audiences across the country with their spot-on renditions of the smoothest music from the 1970's and 80's, all performed with the highest level of musicianship and state-of-the-art sound and lighting. Mustache Harbor is a San Francisco-based soft rock tribute band that plays music from the 1970s and 1980s. The band's mission is to create a mustache

army and "Soft Rock Explosion" like Christopher Cross, Steely Dan, Ace, Kenny Loggins, and The Little River Band. Mustache Harbor's shows are known for being unstoppable, with sold-out shows at Slim's and Bimbo's 365 Club, and standing ovations at Outside Lands Festival and Sausalito Art Festival.



UKIAH MUNICIPAL

SWIM LESSON REGISTRATION

The City of Ukiah offers a variety of American Red Cross swim lessons for individuals of all skill levels and all ages. Lessons are one-on-one and offered throughout the summer in both the morning and evening. Each session is \$70 per session.

M-W SESSION DATES (3) 30 MINUTE LESSONS

- Session 1:** June 10
- Session 2:** June 17
- Session 3:** June 24
- Session 4:** July 1
- Session 5:** July 8
- Session 6:** July 15
- Session 7:** July 22
- Session 8:** July 29
- Session 9:** August 5
- Session 10:** August 12

Morning:

10 am - 10:30 am, 10:40 am - 11:10 am
or 11:20 am - 11:50 am

Afternoon:

4:10 pm - 4:40 pm, 4:50 pm - 5:20 pm, or 5:30 pm - 6 pm

TH & F SESSION DATES (2) 45 MINUTE LESSONS

- Session 1:** June 13
- Session 2:** June 20
- Session 3:** July 27
- Session 4:** No lessons due to July 4th
- Session 5:** July 11
- Session 6:** July 18
- Session 7:** July 25
- Session 8:** August 1
- Session 9:** August 8
- Session 10:** August 15

Morning:

10 am - 10:45 am or 11 am - 11:45 am

Afternoon:

4:15 pm - 5:00 pm, 5:15 pm - 6:00 pm

REGISTER ONLINE
UKIAH.RECDESK.COM

PUBLIC SWIM

The pool will be open daily to the public from June 10th through August 18th.

Mon. - Fri.: 1 pm - 4 pm

Sat. & Sun.: 1 pm - 5 pm

ADMISSION

Per Person: \$7 per person, per day

Swim Pass: \$120 for a 20-session pass (May only be used during public swim hours)

Lap Swim Pass: \$120 for a 20-entry pass

INFORMATION

Pool Address: 511 Park Blvd., Ukiah, CA 95482

**Aquatics information and fees are subject to change without notice.*

SWIMMING POOLS

Summer Swim Programs

Splash Dance Aqua Aerobics

Summer is here! Time to get together again for a summer of fun and fitness. Dust off that wonderful bathing suit again and join us! You will forget you are getting fit as we workout to great music and dance steps. Do you want to shed a few pounds, tone muscles and improve your cardiovascular strength? Of course, you do! Working in water is 12 times the resistance so you will see results sooner. Come join me!

REGISTER ONLINE AT UKIAH.RECDESK.COM

Instructor: Sharon Wedegaertner

M-W-Th: 5:30 pm – 6:30 pm

Session I: June 10 – June 20

Fee: \$42

Session II: July 1 – July 31

(No class July 4th)

Fee: \$91

Session III: August 1 - August 15

Fee: \$49

Drop-In Fee: \$10 per class

Age: 10 years old and up

Minimum: 10 students

Maximum: 50 students

Location: Ukiah Municipal
Swimming Pools

Senior Water Exercise Class

The senior water exercise class is a great way to have fun and get fit. Designed for seniors, we do a variety of exercises in the pool, including free moving, free standing, use of walls and use of aquatic buoys. No swimming ability needed.

REGISTER ONLINE AT UKIAH.RECDESK.COM

Instructor: Pamela Whitaker

M & W: 8:45 am - 9:45 am

Dates: June 10 - August 14

Fee: \$70

T & Th.: 8:45 am - 9:45 am

Dates: June 11 - August 13

Fee: \$70

Maximum: 50 students

Age: 50 years old and up

Location: Ukiah Municipal
Swimming Pools

Lap Swim

Designated lap swim lanes are available to all adults 18 years or older. Kickboards and pull buoys are available for lap swimming.

Mon. - Thur.: 10:00 am – 6:00 pm

Fri.: 1:00 pm – 4:00 pm

Sat. & Sun.: 1:00 pm – 5:00 pm

Fee: \$7 per entry
\$120 for 20 entry pass

Age: 18 years old and up

Location: Ukiah Municipal
Swimming Pools

SPECIAL EVENTS AT THE POOL

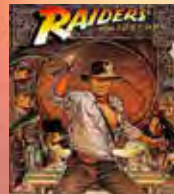


FREE DIVE-IN MOVIES

DOORS OPEN AT 7.
MOVIE AT DUSK.



Lilo & Stich
(PG)
June 28th



**Indiana Jones:
Raiders of the
Lost Ark**
(PG)
July 19th



Elemental
(PG)
August 16th

A circular graphic of a purple and blue moon with the text "NEON NIGHTS" overlaid in pink and white.

**NEON
NIGHTS**

SATURDAY, JULY 17
8 PM - 10 PM
\$15 PER PERSON

CELEBRATE at the POOL



PICNIC AREA

Pool Picnic Area is available for \$100
Mondays - Fridays from
1:00pm to 4:00pm &
Saturday & Sundays
from 1:00 pm to 5:00 pm

PRIVATE RENTAL

Private pool rentals are available on
Fridays, Saturdays & Sundays
from 5:30 pm to 8:30 pm

ONE POOL (Maximum 50 people)
2 Hour Rental \$250
3 Hour Rental \$350

TWO POOLS (Maximum 100 people)
2 Hour Rental \$350
3 Hour Rental \$450





2024 SUMMER CO-ED 6-ON-6 GRASS VOLLEYBALL LEAGUE



FEE: \$300 PER TEAM
8 GAME SCHEDULE
THURSDAY NIGHTS JUNE-AUGUST
DEADLINE: JUNE 7




REGISTRATION:
411 W. CLAY ST., UKIAH OR
UKIAH.RECDESK.COM
(707) 463-6231




Ping Pong

Come enjoy this incredibly fun, fast, and healthy sport. Three to four tables are set up. All skill levels welcome. Weekly play. Participants supply their own paddles.

REGISTER ONLINE AT UKIAH.RECDESK.COM

Mondays: 6:00 pm - 8:00 pm

Dates: ongoing, every Monday
& Wednesday

Fee: \$25 per session

Drop-in Fee: \$5

Age: 16 years old and up

Location: Alex Rorabaugh
Recreation Center
Room H11

Adult Open Volleyball Gym

A fun and exciting game similar to tennis but on a smaller scale and less stressful. Pickleball provides great exercise and is a game of skill and strategy. All skill levels can participate from beginners to advance. All are invited to experience the fun and excitement of playing Pickleball.

REGISTER ONLINE AT UKIAH.RECDESK.COM

Dates: June 2 - August 25

Sundays: 6:00 pm - 8:00 pm

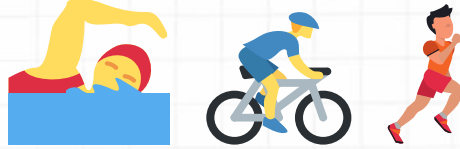
Fee: \$25

Age: 18 years old and up

Location: Alex Rorabaugh
Recreation Center Gym



KIDS TRIATHLON



SATURDAY, AUGUST 3, 2024
TODD GROVE PARK

Race Information

Level 1
(ages 6 & under)
10 min / activity
Flotation & parent
assistance is allowed
for Level 1 only

Level 2
(ages 4-11)
10 min / activity
Level 2A A - L
Level 2B M - Z

**Level 3 -
Competitive**
(ages 8-17)
20 swim laps
15 bike laps
10 run lap

Time: Registration opens at 9 am
Who: Kids ages 17 & under
Cost: \$10 pre-registration
\$15 walk-up registration

Registration includes t-shirt and a goodie bag.
Walk-up registrations are not guaranteed a t-shirt.

REGISTER ONLINE AT UKIAH.RECDESK.COM
OR 411 W. CLAY ST., UKIAH
FOR MORE INFORMATION, CALL 463-6231

REDWOOD EMPIRE FAIR ★ 2024 ★



*Red, White
& Ewe*

BRENDA HODGES
2006

August 1 - 4, 2024

Fair Entry Instructions
www.redwoodempirefair.com



ART IN THE PARK
Observatory Park
August 9 @ 5-8 pm

Ultimate Frisbee

Come join in the fun. Ultimate Frisbee is played much like soccer. This exciting non-contact sport takes "flight" two days a week throughout the year. Register at the City of Ukiah Recreation office or on the field. New teams are formed each meeting!

REGISTER ONLINE AT UKIAH.RECDESK.COM

- Dates:** June 1 - August 31
- Tuesdays:** 6:00 pm - 8:00 pm
- Saturdays:** 10:00 am - 12:00 pm
- Location:** Vinewood Park
- Fee:** \$20 per year
- Age:** 18 years old and up



Youth Tennis Camp

Learn to play tennis with Ukiah High School Tennis Coach Brian Brown. Coach Brown has been coaching at the high school for over 15 years. Classes are designed to teach the fundamental rules and skills of the sport including grips, strokes, and more.

REGISTER ONLINE AT UKIAH.RECDESK.COM



- Instructor:** Brian Brown
- T & Th:** June 11 - July 9
- Age:** 7 - 10 years old
9:00 am - 10:00 am
- Fee:** \$175
- Age:** 11 - 14 years old
10:00 am - 11:30 am
- Fee:** \$225
- Maximum:** 10 students
- Location:** Ukiah High School
Tennis Courts



Coach O's Fundamentally Driven Basketball Camp

Mendocino College head Men's basketball coach Billy Offill has directed camps for over 20 years throughout Northern California and the nation. Coach O's camps focus on body balance, footwork, shooting, ball handling, passing, individual and team defense, and emphasize goal setting for each player. Campers will learn fundamentals through 3-on-3, 5-on-5 games, and many contests and drills. Camp staff will include college level coaches and players and daily prizes will be given for effort and coach-ability.

REGISTER ONLINE AT UKIAH.RECDESK.COM

- Instructor:** Billy Offill
Mon. - Thurs.: 9:00 am - 2:00 pm
Dates: July 29 - August 1
Fee: \$150 pre-registration;
 \$175 walk-up
Age: Boys & Girls; 7 - 15 years old
Minimum: 20 students
Maximum: 70 students
Location: Alex Rorabaugh Recreation Center Gym



Girls Hoop Academy

This Girls Hoop Academy is perfect for girls of all skill levels. This dynamic program is designed to empower young girls aged 9-14 through the exciting world of basketball. Led by experienced coaches, this class focuses on developing fundamental skills such as dribbling, shooting, passing, and defense in a supportive and inclusive environment. Whether your child is a beginner or has some experience with basketball, this class offers something for everyone. Join us for a fun-filled class of basketball excitement!"

REGISTER ONLINE AT UKIAH.RECDESK.COM

- Mondays:** 6:00 pm - 8:00 pm
Dates: June 18 - July 16
Fee: \$50
Ages: 9 - 14 years old
Location: Alex Rorabaugh Recreation Center Gym

Early Morning Basketball

If you enjoy waking up early and playing some basketball, then this is the class for you! Join a group of people who get together 3 times a week to show off their talent. Not only will you have fun, but you will get in shape as well!

REGISTER ONLINE AT UKIAH.RECDESK.COM

- Instructor:** Merle Carlson
M/W/F: ongoing
Time: 6:00 am - 7:00 am
Fee: \$25 per year
Ages: 18 years old and up
Location: Pomolita Middle School
 Gymnasium
 740 N. Spring St., Ukiah

CITY OF UKIAH RECREATION DEPT. PRESENTS

2024 ADULT SUMMER LEAGUE BASKETBALL



**\$450 TEAM SPONSOR FEE
REGISTRATION DEADLINE JUNE 12**

**DIVISIONS:
MEN'S RECREATIONAL,
MEN'S INTERMEDIATE
WOMEN'S LEAGUE**

**THURSDAY NIGHTS BEGINNING JUNE 20
AT THE ALEX RORABAUGH RECREATION CENTER
REGISTER ONLINE AT UKIAH.RECDESK.COM
OR 411 W. CLAY ST., UKIAH**

**FOR MORE INFORMATION, VISIT
WWW.CITYOFUKIAH.COM/RECREATION**

Park Facilities & RENTAL INFORMATION

The Community Services Department operates and maintains a wide variety of park and building facilities to meet the needs of the community. Most parks are open daily to the public between the hours of 6am and 10pm. Many facilities may also be reserved for a low rental fee. We have the perfect location for meetings, seminars, weddings, parties, and other gatherings. For additional rental information, call 463-6700.

Park Facilities	Address	Acreage	Open Grass Area	Playground Equipment	Picnic Tables and Benches	Barbeques	Reservable Group Picnic Area	Restrooms or Port-o-lets	Horseshoe Pits	Volleyball Standards	Tennis Courts	Basketball Courts	Adjacent to School Facilities	Swimming Pool	Amphitheater	Covered Gazebo/Pavilion	Softball/Baseball Diamonds	Multi-Purpose/Meeting Rooms	Bocce/Petanque Court
Alas Rorabaugh Center	1640 S. State St.	0.8						✓	✓		✓	✓							✓
Alex R. Thomas Plaza	310 S. State St.	0.8			✓		✓	✓								✓	✓		
City Rail Trail	Along side the railroad track: from Gobbi Street to Clara Avenue																		
Glenn Park/Anton Stadium	556 Park Blvd.	12.0	✓															✓	
Hudson-Carpenter Park	431 S. Main St.	0.8			✓			✓											✓
McGervey Park	310 Dora St.	1.0			✓														
Nokomis Tennis Courts	Wabash Ave.	0.3									✓		✓						
Oak Manor Park	500 Oak Manor Dr.	4.0	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓					✓	✓
Observatory Park	407 Luce St.	2.5	✓																✓
Orchard Park	855 Orchard Ave.	0.25	✓	✓	✓														
Riverside Park	1281 E. Gobbi St.	38.0	✓		✓														
Todd Grove Park	600 Live Oak	16.2	✓	✓	✓	✓	✓	✓	✓	✓				✓	✓	✓			✓
Ukiah Civic Center	300 Seminary Ave.	2.5	✓																✓
Ukiah Skate Park	1043 Low Gap Rd.	n/a	✓		✓			✓					✓						
Ukiah Sports Complex	905 City Well Rd.	10.3	✓	✓	✓			✓											✓
Vinewood Park	1260 Elm St.	4.7	✓	✓	✓	✓	✓	✓		✓		✓							

RENTAL OPERATIONS INCLUDE:

- Picnic and Barbecue Facilities
- Conference and Meeting Rooms
- Banquet and Wedding Facilities
- Board Room and Auditorium
- Sports Stadium and Complex
- Swimming Pool
- Amphitheaters
- Covered Gazebo and Pavilion

City facilities are available to the public on a rental basis at very reasonable fees.

If your business, club, or family group is planning a meeting, wedding, reunion, party or other gathering, we may have the perfect location for you.

Call 463-6700 to Rent

- Picnic & Barbecue Facilities
- Conference & Meeting Rooms
- Banquet & Wedding Facilities
- Grace Hudson Public Meeting Room
- Ukiah Civic Center Council Chambers

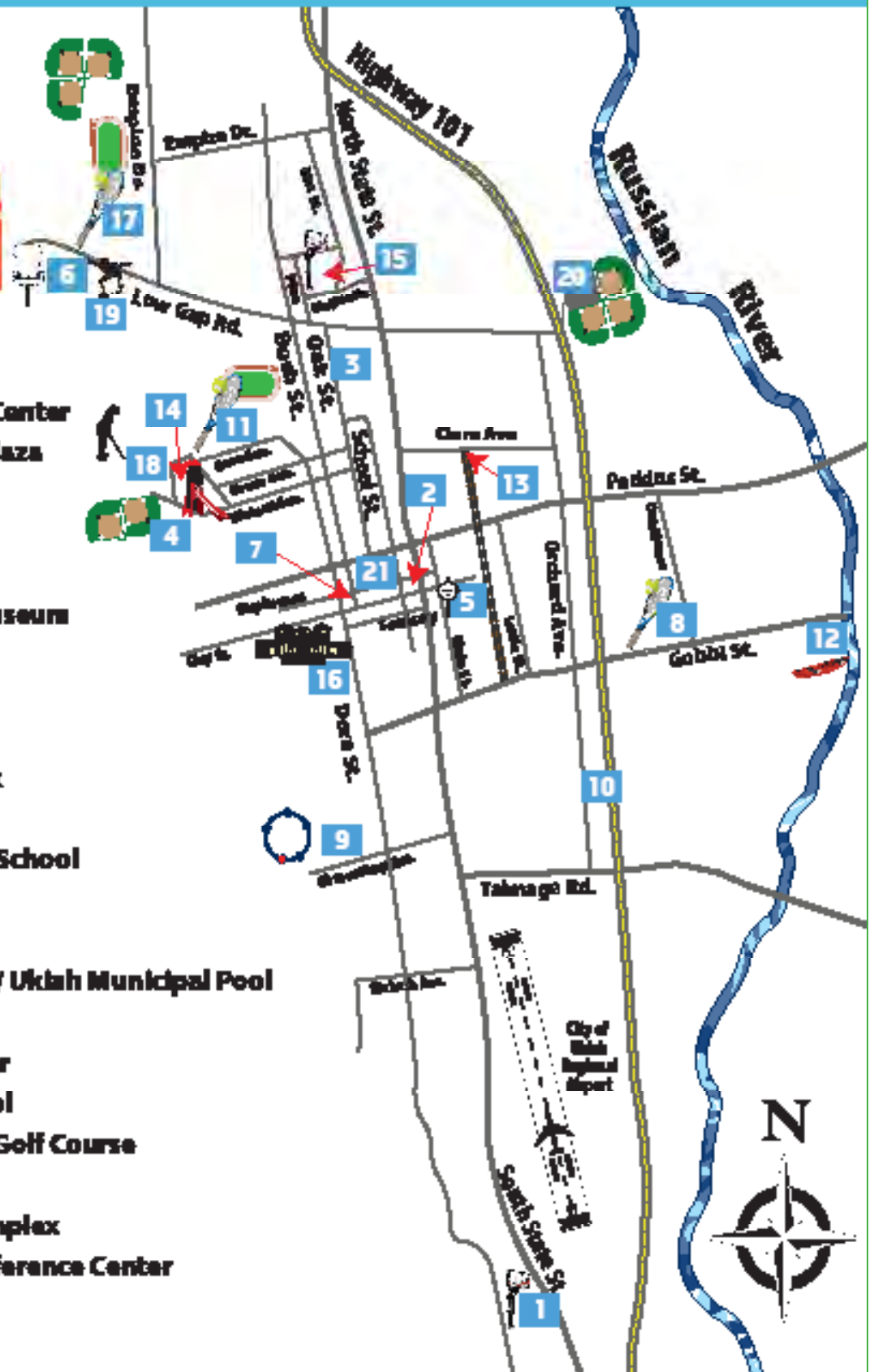
Call 463-6231 to Rent

- Sports Fields & Stadium
- Municipal Swimming Pools

Park & Facilities Map

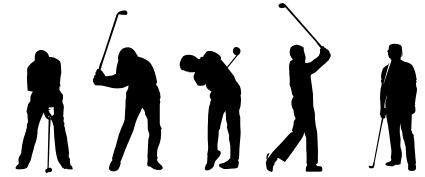


- 1 Alex Rorabaugh Center
- 2 Alex R. Thomas Plaza
- 3 Gardner Park
- 4 Glorno Park/
Anton Stadium
- 5 Grace Hudson Museum
- 6 Low Gap Park
- 7 McGarvey Park
- 8 Oak Manor Park
- 9 Observatory Park
- 10 Orchard Park
- 11 Pomolta Middle School
- 12 Riverside Park
- 13 Rail Trail
- 14 Todd Grova Park / Ukiah Municipal Pool
- 15 Vineyard Park
- 16 Ukiah Civic Center
- 17 Ukiah High School
- 18 Ukiah Municipal Golf Course
- 19 Ukiah Skate Park
- 20 Ukiah Sports Complex
- 21 Ukiah Valley Conference Center



UKIAH VALLEY GOLF COURSE

599 PARK BLVD., UKIAH (707) 467-2832



Come out and join other golfers in social activities and gatherings.
 Be a part of it by joining the Men's or Women's Clubs, Par Tee Niners, summer BBQ's, etc.
 Call the Pro Shop, 467-2832 for more information.

The Ukiah Valley Golf Course is proudly owned by the City of Ukiah.
 This picturesque golf course offers you great family-friendly golf surrounded with its
 magnificent views. It is a challenging 18-hole championship golf course recognized as
 a member of the Northern California Golf Association. **NCGPA Par 70**

- Open every day from sunrise until sunset
- Golf instruction for individuals or groups
- Twilight rates available after 12 noon
- Fully stocked pro shop
- Food & beverage concessions
- Tournament scheduling available
- Club rentals available
- Men's and women's leagues
- Cart rentals available
- Limited and unlimited memberships available

GREEN FEES

Saturday, Sunday & Holidays

ADULTS 18 holes **\$35**
 Twilight **\$26**
JUNIORS 18 holes **\$12**
 9 holes **\$ 9**

Monday through Friday

ADULTS 18 holes **\$27**
 Twilight **\$23**
SENIORS 18 holes **\$23**
JUNIORS 18 holes **\$10**
 9 holes **\$ 6**
(fees subject to change)

Adult Sunset Rates (After 4 pm)

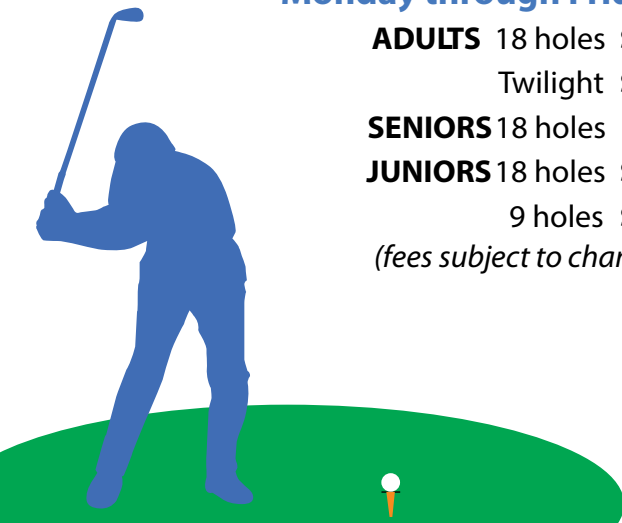
Monday through Friday \$ 20
Saturday, Sunday, & Holidays \$ 23

Annual Green Fees

Unlimited Adult \$1,655
 Unlimited Adult Couples \$2,315
 Limited Adult \$1,160
 Limited Couple \$1,655
 Junior Membership \$ 250
 Annual Private Cart Permit Fee \$ 285

Cart Rates (Per Person)

18 holes \$ 15
 9 holes \$ 9



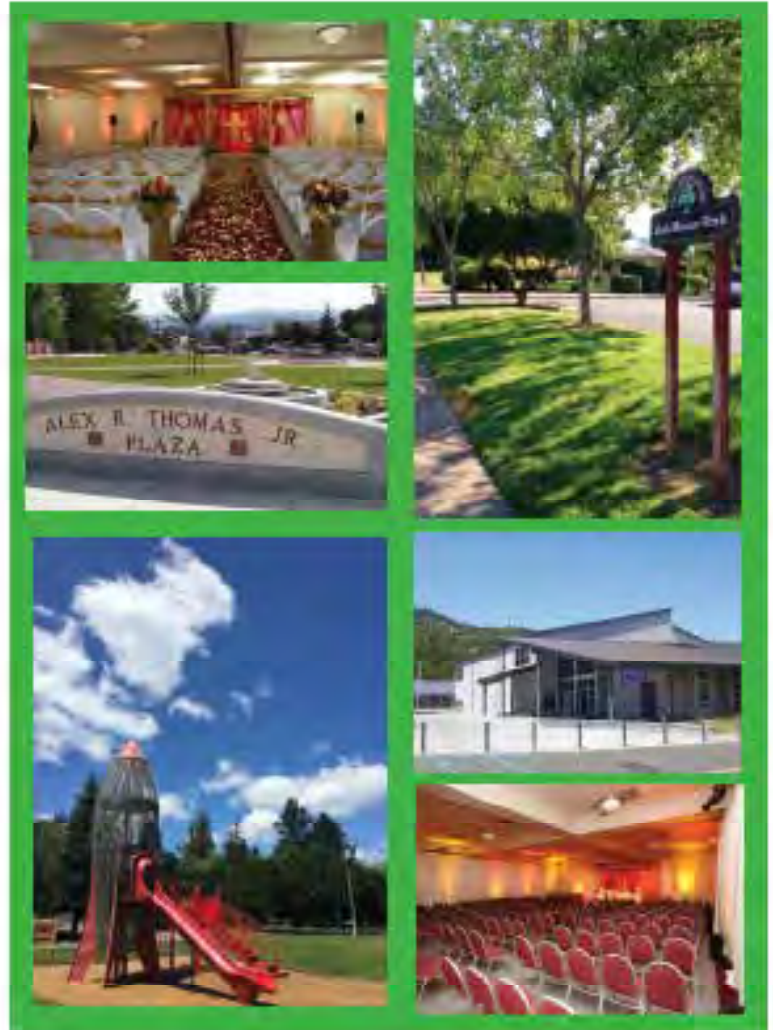
Head Golf Professional

Frank L. Johnson, Member PGA

www.ukiahgolf.com



Ukiah Valley Conference Center



Rental Facilities

- Ukiah Valley Conference Center
- Alex Thomas Plaza
- Todd Grove Park
- Oak Manor Park
- Vinewood Park

Other Services Provided

- Catering • Street Closure Permits
- Special Event Permits • Audio Visual

For more information please contact The Ukiah Valley Conference Center at 707-463-6701
Visit our office on 200 South School Street, Ukiah CA 95482 or website at www.cityofukiah.com

How Do I Register?



In-person or mail
411 W. Clay St.,
Ukiah

Choose the programs you want. Complete the registration form fully with all class dates and times listed. Please be sure to sign your form. Please total all fees and include your check or money order payable to the City of Ukiah.

PLEASE NOTE: There will be a \$25 charge for all checks returned from your bank for non-sufficient funds. To make sure your registration is not delayed, please be certain that your forms are complete, correct and signed. Payment, either of cash, check, or money order. If paying by credit card, please visit ukiah.recdesk.com to register.

Once you've chosen the programs, complete the registration form and select a payment method. You can Mail-In, Walk-In or, if paying by credit card, go Online at ukiah.recdesk.com. If the class of your choice is full, you will be placed on a waiting list and contacted about the status of your registration.

Classes may be cancelled due to lack of enrollment. Please make every effort to pre-register so a class will not be cancelled unnecessarily.

HOW WILL I KNOW I'M IN THE CLASS?

You will NOT be contacted to confirm your registration. Please make a note of the classes for which you registered.

You WILL be contacted in writing or by phone* regarding your registration in the following cases:

The class you have requested has reached its registration limit and you were placed on the waiting list.

Your registration form is incomplete.

Your class is being cancelled due to insufficient registration.

***NOTE: For this reason, it is imperative that you provide both your phone number plus an emergency contact.**

REFUND POLICY

Refunds are granted only if a written request is received by the City of Ukiah before the second class meeting. There is a 15% administration fee deducted from all refunds. Instructors do not issue credit or refunds for classes you miss. A credit is offered if the class is canceled due to instructor's cancellation.

WHAT HAPPENS WHEN I'M ON THE WAITING LIST?

You will remain on the waiting list until the class begins. We will make every effort to create additional classes and contact you if we have been able to do so.

FINANCIAL ASSISTANCE

The City of Ukiah wants every child to have an opportunity to participate in its various recreation programs. In an effort to provide affordable programs, the City has established a fee subsidy program. Please contact the City of Ukiah Community Services Department at 463-6231 at least 15 days prior to first class to inquire about completing an application for reduced program fees.

City of Ukiah Recreation Department
411 W. Clay
Ukiah, CA 95482