

# FAMILY MEDIA AGREEMENT

## TEENS

- ☐ I will not give out any personal information, like my age, last name, address or phone number
- ☐ I will not meet someone online without my parent's permission
- ☐ I will block creepy messages from people I don't know
- ☐ I will tell my parents or an adult I trust if anything happens online that makes me uncomfortable
- ☐ I will only share my password with my parents
- ☐ I will use privacy controls and discuss with my parents when I want to create a social networking profile
- ☐ I will not put anything on my profile that I wouldn't want my parents, teachers, college admissions officers or future bosses to see
- ☐ I agree not to bully anyone online or on my cell phone by sending pictures, spreading gossip, setting up fake profiles, or saying cruel things about people
- ☐ I know that not everything I read or see is true and I will think about whether a source is credible
- ☐ I agree not to use technology to cheat in games or on schoolwork
- ☐ I recognize that to my parents my safety is more important than anything else

## PARENTS

- ☐ I will recognize that media is a big part of my child's life, even if I don't understand why
- ☐ I will try to embrace my child's world: understand downloads, IM, online games and the sites they like
- ☐ I will learn and create my own digital life and "friend" my child
- ☐ I will learn about privacy controls and how to use them
- ☐ I will know my child's online identifiers
- ☐ I will monitor my child's cell phone use on a regular basis
- ☐ I will set media limits for my child based on behavior
- ☐ I will have consequences for violations to the media limits



**Ukiah Police Department**  
Safety, Professionalism, Community Service